



## THE OPIOID CRISIS: APPROPRIATE POSTOPERATIVE ANALGESIA PRESCRIBING

**HOW DO YOU MAKE SURE YOUR PATIENTS ARE COMFORTABLE AND PAIN FREE WHEN THE ANESTHETIC WEARS OFF?**

DR. MARK DONALDSON

Wouldn't it be great to be known as the dentist who offers excellent pain-free, post-operative care without the use of narcotics? Wouldn't you like to be more confident in all of your prescription writing, knowing that you are on the cutting edge, that you are evidence-based and that you are guideline-driven? This is that program.

Canada is facing a national opioid crisis that has affected every region of the country. As of 2016, opioid-related deaths and hospitalization rates were highest in the western provinces of British Columbia and Alberta and in both Yukon and the Northwest Territories. The growing number of overdoses and deaths caused by opioids, including fentanyl, is a public health crisis.

Unfortunately, dentists follow primary care physicians as the second-leading prescribers of immediate-release opioids. As such, dentists have been identified as having an important role in opioid abuse prevention efforts. You do not want to be part of this problem – you want to be part of the solution. Remember the Spiderman Principle that, “with great power there must also come – great responsibility.”

This interactive program looks at the appropriate prescribing of analgesics with a particular focus on the dental realm. Case studies will augment the delivery of key points and a problem-based learning approach is encouraged so that each participant's questions are addressed.

### EDUCATIONAL OBJECTIVES

1. Discuss the pathophysiology of pain as it relates to dentistry
2. Understand the perfect analgesic recipe to keep (almost) all of your patients out of pain – first time, every time
3. Describe the different types of analgesics available and how to match the right drug at the right dose for the right patient and the right procedure
4. Review some of the latest data on analgesic combinations to include new information on local anesthesia
5. Learn how to help make all of your appointments successful for you, your team and your patients

### CLINICIAN



**MARK DONALDSON, BSP, RPH, ACPR, PHARMD, FASHP, FACHE** received his baccalaureate degree from the University of British Columbia and his Doctorate in Clinical Pharmacy from the University of Washington. He completed a residency at Vancouver General Hospital, and has practiced as a clinical pharmacy specialist, clinical coordinator and director of pharmacy services at many healthcare organizations in both Canada and the United States. He is currently the Associate Principal of Clinical Pharmacy for Vizient's Advisory Solutions, and lives in Whitefish, Montana. Dr. Donaldson is a Clinical Professor in the Department of Pharmacy at the University of Montana in Missoula, Clinical Associate Professor in the School of Dentistry at the Oregon Health & Sciences University in Portland, Oregon, and affiliate faculty in the School of Dentistry at UBC. He has a special interest in dental pharmacology and has lectured internationally to both dental and medical practitioners. He has spent the last 25 years focusing on dental pharmacology and dental therapeutics, and is a leader in the field. Dr. Donaldson has published numerous peer-reviewed works and textbook chapters. He currently serves on the Editorial Board for the Journal Healthcare Executive and the Journal of the American Dental Association, and is a reviewer for over ten other different journals. He is board certified in healthcare management and is the Past-President and current Regent of the American College of Healthcare Executives' Montana Chapter. Dr. Donaldson was named as the 2014 recipient of the Bowl of Hygeia for the state of Montana and is the 2016 recipient of the Dr. Thaddeus V. Weclaw Award. This award is conferred by the Academy of General Dentistry upon an individual who has made outstanding contributions to the medical, dental and pharmacy literature. In 2019, Dr. Donaldson was conferred by the Canadian Dental Association (CDA) in Ottawa with the, “Special Friend of Canadian Dentistry Award.” This award is given to an individual outside of the dental profession in appreciation for exemplary support or service to Canadian dentistry and/or to the profession as a whole.

**COST - \$100 (2 HOURS)**

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